



Dear Doctor,

As part of my visit today, I would like to have a sexual health check including the following tests recommended for me by the *Australian Sexually Transmitted Infection & HIV Testing Guidelines 2014 for Asymptomatic Men Who Have Sex with Men*.

Site specimen test	STI	Comment
Pharyngeal swab PCR/ NAAT	Chlamydia & gonorrhoea	<i>Self-collected or clinician-collected</i>
Anorectal swab PCR/ NAAT	Chlamydia & gonorrhoea	<i>Self-collected or clinician-collected</i>
First void urine PCR/ NAAT	Chlamydia	<i>Alternative: self-collected or clinician-collected penile meatal swab</i>
Serology	Syphilis	
	HIV	<i>If HIV negative</i>
	Hepatitis A	<i>Test if not vaccinated. Vaccinate if antibody negative</i>
	Hepatitis B Core antibody and surface antibody	<i>Test if not vaccinated. Vaccinate if no history or documentation of full vaccination course</i>
	Hepatitis C	<i>Only in HIV-positive or if history of injecting drug use</i>

Thank you very much.

Resources

- *Australian Sexually Transmitted Infection & HIV Testing Guidelines 2014 for asymptomatic men who have sex with men*
www.stipu.nsw.gov.au/wp-content/uploads/STIGMA_Testing_Guidelines_Final_v5.pdf
- *Australian STI Management Guidelines*
www.ashm.org.au/Pages/STIs/sti-guidelines.aspx
- *Getting started with an STI discussion*
www.stipu.nsw.gov.au/wp-content/uploads/147045_GP_STI_Testing_tool_2012.pdf
- *For information on contact tracing, visit The Drama Down Under*
www.thedramadownunder.info/clinicians
- *For more information and testing advice, call the NSW Sexual Health Info Link 1800 451 624 (Monday to Friday 9am to 5.30pm)*