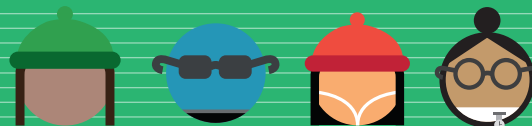




QUIZZES

THE QUESTIONS INCLUDED IN THIS KIT CAN BE USED IN A VARIETY OF WAYS, INCLUDING TEAM TRIVIA, GAME SHOWS AND HOMEMADE BOARD GAMES.

AIMS	<p>TO USE QUIZZES TO EXPLORE SEXUAL HEALTH ISSUES IN A FUN AND NON-THREATENING ENVIRONMENT</p> <p>TO RAISE OR CHECK UNDERSTANDING OF SEXUAL HEALTH ISSUES</p>
TIME REQUIRED	<p>Quizzes can be as long or as short as required. Using a quiz can be helpful if running ahead or behind on the program timetable by increasing or reducing the number of questions.</p>
STAFF REQUIRED	<p>A quiz can be run with a minimum of 1 staff member.</p> <p>A second staff member can be helpful to organise teams, hand out prizes and contribute to discussions arising from the questions.</p>
PARTICIPANTS	<p>Variable from 1 to large groups split into teams.</p>
MATERIALS	<p>Set of questions (a variety of questions are included in the resource kit for you to use).</p> <p>Other material as required, for example:</p> <ul style="list-style-type: none"> Buzzers Worksheets Prizes and rewards Play Safe wheel
PREPARATION	<p>Ensure the answer for each question is available.</p> <p>Prepare the selected activity.</p>
ACTIVITY DESCRIPTION	<p>There are many formats for quizzes, including the classics below. Take the opportunity at the end of each answer to ask for or provide additional information.</p> <p>GAME SHOW</p> <p>Young people answer a series of questions in teams or individually. They accumulate points over the course of the game and the winner receives a prize.</p> <p>Select a format familiar to young people such as well-known game shows from television.</p> <p>It may be helpful to use an existing game with buzzers and substituting sexual health questions.</p> <p>TEAM TRIVIA</p> <p>Participants are split into teams, asked to name their team and provided with a worksheet to record answers. The questions are read out in turn and answers recorded by each team.</p> <p>When the worksheet is complete, give out each answer and discuss the various responses.</p> <p>The team with the highest score gets a prize.</p> <p>BOARD GAMES</p> <p>Young people may be able to use existing material or help design a board game similar to other familiar quiz games.</p> <p>Generally young people will move markers around a board toward some goal, answering questions to progress in the game.</p> <p>PLAY SAFE WHEEL</p> <p>Make a 'chocolate wheel' or roulette 'wheel' by printing a Play Safe wheel included in the resource kit.</p> <p>Print a copy of the Play Safe wheel questions in the resource kit.</p> <p>Participants spin the wheel and answer a question from that category.</p>
KEY MESSAGES	<ul style="list-style-type: none"> ■ TO KEEP SEX SAFE ALWAYS USE A CONDOM OR DAM AND GET TESTED REGULARLY FOR STIs ■ CONDOMS ARE MOST EFFECTIVE WHEN USED PROPERLY ■ FAMILIARISE YOURSELF WITH CONDOMS, HOW TO USE THEM AND WHERE TO GET THEM SO YOU ARE PREPARED ■ CONDOMS OFFER THE BEST PROTECTION AGAINST STIs AND AT THE SAME TIME PREVENT UNPLANNED PREGNANCIES ■ CONDOMS ARE STRONG AND FLEXIBLE



QUIZZES CONTINUED...

KEY MESSAGES CONTINUED	<ul style="list-style-type: none">■ CONDOMS ARE STRONG AND FLEXIBLE■ DAMS WHEN USED CORRECTLY DURING ORAL SEX, CAN PREVENT STIs■ THE PLAY SAFE WEBSITE PROVIDES SEXUAL HEALTH INFORMATION FOR YOUNG PEOPLE IN NSW■ YOUNG PEOPLE HAVE A RIGHT TO MAKE THEIR OWN DECISIONS ABOUT SEX■ CONSENT CAN BE GIVEN AND TAKEN AWAY AT ANY TIME■ MOST STIs DON'T HAVE SYMPTOMS – YOU CAN'T TELL WHO HAS AN STI■ STI TESTING IS QUICK, EASY, PAINLESS AND USUALLY FREE WITH MEDICARE■ MOST STI TESTS ARE SELF-COLLECTED URINE TESTS OR SWABS■ YOUNG PEOPLE SHOULD BE TESTED FOR STIs WHEN THEY CHANGE PARTNERS OR AT LEAST EVERY YEAR, EVEN IF THEY HAVE NO SYMPTOMS■ TALK WITH YOUR PARTNER/S ABOUT SEXUAL HEALTH■ EACH PERSON IS UNIQUE AND HAS A RIGHT TO FEEL COMFORTABLE WITH WHO THEY ARE■ FOR MORE MESSAGES, SEE THE BACK OF THE QUIZ CARDS.
REFERENCES	<p>These questions have been compiled from games developed by the Kirkton Road Centre, South Eastern Sydney Local Health District (SESLHD) HARP Unit and from Yfoundations' HOT Game. Each question has been reviewed by health and youth professionals for accuracy and relevance.</p>