



CONDOM COUTURE

CREATE FASHION ITEMS AND ACCESSORIES SUCH AS DRESSES, HATS AND BAGS MADE FROM CONDOMS.

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| AIMS | <p>TO PROMOTE DISCUSSION ABOUT CONDOMS</p> <p>TO ENCOURAGE YOUNG PEOPLE TO GET FAMILIAR WITH TOUCHING, OPENING AND UNROLLING CONDOMS OUTSIDE OF SEXUAL ENCOUNTER</p> <p>TO LEARN HOW STRONG AND FLEXIBLE CONDOMS ARE</p> <p>TO NORMALISE CONDOM USE AND REDUCE STIGMA ASSOCIATED WITH THEM AND SEXUAL HEALTH</p> |
| TIME REQUIRED | <p>60 minutes +</p> <p>This activity may require several group sessions or opportunities for solo work depending on the scale of the project.</p> |
| STAFF REQUIRED | One or more depending on resources available and size of the group. |
| PARTICIPANTS | Variable – works well as a group activity |
| MATERIALS | <p>Condoms (non-lubricated and coloured if possible)</p> <p>Art and craft supplies – glue, brushes, paper, pencils, crayons</p> <p>Fabrics and material (eg. mesh, ribbon)</p> <p>Sewing materials – pins, needles and thread</p> <p>Mannequin or bust</p> <p>Sewing patterns (optional)</p> <p><i>Hint: test the glue you are using before the activity as not all glues stick condoms to other materials effectively.</i></p> |
| PREPARATION | <p>Contact your local HARP Unit, sexual health clinic or a condom supplier and obtain condoms.</p> <p>Gather the materials above.</p> <p>Identify local services where young people can access condoms and contraception, in addition to sexual health information and support.</p> <p>Watch the Connie Condom Dress Project video: youtube.com/watch?v=XF4ycBvD444</p> <p>Review information about condom use in the resource kit.</p> <p>Review the Play Safe website for more information about condoms: www.playsafe.health.nsw.gov.au/low-down-condoms</p> |
| ACTIVITY DESCRIPTION | <p>Provide patterns or encourage young people to design the fashion item on paper.</p> <p>Provide a mannequin or bust and other art and craft materials needed to make the item.</p> <p>Encourage conversations about condoms during the activity.</p> |
| FACILITATOR NOTES | <p>This could run as a competition for individuals or teams and you could consider having a fashion show so young people can model their work.</p> <p>It may be useful to bring in a sexual health worker or member of service management to judge the outfits and give out prizes.</p> |
| KEY MESSAGES | <ul style="list-style-type: none"> ■ FAMILIARISE YOURSELF WITH CONDOMS, HOW TO USE THEM AND WHERE TO GET THEM SO YOU ARE PREPARED ■ CONDOMS OFFER THE BEST PROTECTION AGAINST STIs AND AT THE SAME TIME PREVENT UNPLANNED PREGNANCIES ■ TO KEEP SEX SAFE ALWAYS USE A CONDOM AND GET TESTED REGULARLY FOR STIs ■ CONDOMS ARE MOST EFFECTIVE WHEN USED PROPERLY |
| REFERENCES | Connie Condom Dress Project |